# REMARRIAGE READINESS

## checklist

### **EMOTIONAL READINESS:**

- ✓ Reflect on lessons from previous relationship(s)
- ✓ Process emotions around the end of previous marriage
- Identify motivations and desires for remarrying
- ✓ Seek counseling or attend pre-marital workshops if needed
- ✓ Discuss readiness with trusted friends/family

#### **LEGAL PREPARATIONS:**

- ▼ Finalize divorce decree from previous marriage
- Settle property divisions, alimony, and child support arrangements
- Update estate planning documents (will, beneficiaries, trusts)
- Consult a family law attorney about prenuptial agreement
- Understand how remarriage impacts rights and obligations

#### PRENUPTIAL AGREEMENT:

- ✓ Discuss rationale and benefits with your partner
- **✓** Outline financial responsibilities and asset protection
- Address provisions for children from previous relationships
- ✓ Seek legal counsel to draft and review the agreement

#### **BLENDING FAMILIES:**

- ✓ Discuss parenting philosophies and disciplinary approaches
- ✓ Agree on rules, routines, and responsibilities in new family
- ✓ Plan gradual introductions of new partner to children
- ✓ Consider family therapy to navigate complex dynamics
- Commit to patience, open communication, and consistency

#### **FINANCIAL PLANNING:**

- ✓ Decide how to manage finances (joint, separate, or combined)
- Disclose existing financial obligations (debts, alimony, etc.)
- Develop a joint budget, savings, and investment strategy
- ✓ Align on retirement planning goals
- ✓ Schedule regular financial check-ins and reviews

