

WHAT TO DO IF YOUR SPOUSE REFUSES TO COOPERATE IN DIVORCE

Six practical legal paths to keep your case moving in Illinois—even when your spouse won't respond, engage, or negotiate.



Attorney-Assisted Mediation

A third-party mediator, often with legal training, helps you resolve issues without direct interaction.



Use Co-Parenting Apps

Tools like OurFamilyWizard & TalkingParents enable communication and documentation without face-to-face conflict.



Seek Court Orders

Judges can compel participation or issue default rulings when your spouse ignores legal obligations.



Request Sanctions for Non-Compliance

Courts may impose financial penalties or adverse rulings if your spouse delays or obstructs proceedings.



Hire a Co-Parenting Coach or Therapist

Improves long-term communication strategies, especially where parenting responsibilities are involved.



Let Your Attorney Lead

A skilled lawyer can handle all communication, file motions, and ensure your case advances without delay.

Don't let silence stop your divorce. Talk to an experienced attorney today.